

How to Collect a Semen Specimen

To get the most accurate results from this or any test, proper collection is important. The following steps help ensure that you and your doctor get the information you need.

POST-VASECTOMY SEMEN ANALYSIS

1. Complete the information below. *This information may be used to interpret your results and will be included in the report to your physician.*
2. Abstain from ejaculation for 48–72 hours before collecting specimen, unless otherwise directed by your physician.
3. Collect semen specimen by masturbation into a clean, dry container supplied by the laboratory or your physician. It is important to collect the entire sample.
 - Do not use a condom, lubricants or other substance that may contaminate the specimen.
4. Deliver the specimen, along with this form and the completed information, within 24 hours of collection. (See map and details at right.)

PLEASE PROVIDE THE FOLLOWING

Name: _____

Specimen Collected:

Date _____ Time: _____

For Laboratory Use Only:

Time Specimen Received: _____

ABOUT YOUR TEST RESULTS

If you have questions about your results, please contact your doctor. Laboratory tests are only one part of your total medical profile. Your doctor is your best source of information about all aspects of your health.

ABOUT BILLING

Your doctor may have PeaceHealth Laboratories bill you or your insurance carrier directly. We bill most insurance carriers; however, some insurances do not cover this type of testing. You will be responsible for payment if it is not covered by insurance. If you have questions about your bill, please call us at 541-341-8021 or 800-826-3616.



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DELIVERY INFORMATION

Deliver specimen and this form to any PeaceHealth Laboratories' Patient Service Center during normal hours of operation, within 24 hours of collection. Find additional locations online at: www.peacehealthlabs.org/locations.

Samples may also be brought to the main campus laboratory located at PeaceHealth St. Joseph Medical Center 24 hours daily, seven days a week (map above).