

How to Collect a Semen Specimen

To get the most accurate results from this or any test, proper collection is important. The following steps help ensure that you and your doctor get the information you need.

COMPLETE SEMEN ANALYSIS

1. Complete the information on the reverse side.
This information may be used to interpret your results and will be included in the report to your physician.
2. Abstain from ejaculation for 48–72 hours before collecting specimen, unless otherwise directed by your physician.
3. Collect semen specimen by masturbation into a clean, dry glass jar or container supplied by your physician. It is important to collect the entire sample.
 - Collect the specimen either in the privacy of your own home or physician's office.
 - If you live more than 30 minutes from the laboratory, you may choose to collect the specimen in a private restroom within the Patient Service Center at the Northwest Specialty Clinic building (see map and directions on back). You may then promptly deliver the specimen to the Central Laboratory which is less than a two-minute drive north.
 - Do not use a condom, lubricants or other substance that may contaminate the specimen.
 - For fertility screening keep the sample warm by keeping it close to your body during transport.

4. Deliver the specimen, along with this form and the laboratory requisition, to the Springfield laboratory at RiverBend Annex within 30 minutes (optimally) of collection. The specimen will be acceptable up to 2 hours after collection. (See map and address on back.)
5. At the receptionist counter, use the phone to call Specimen Management; dial 8240 and advise them of your delivery. A staff member will retrieve your specimen and paperwork.

POST-VASECTOMY SEMEN ANALYSIS

1. Collect semen specimen in a clean, dry container.
2. Deliver the specimen, along with this form and the laboratory requisition, to the Springfield laboratory at RiverBend Annex (see reverse), or to any Patient Service Center (www.peacehealthlabs.org/locations) within 24 hours.

ABOUT YOUR TEST RESULTS

If you have questions about your results, please contact your doctor. Laboratory tests are only one part of your total medical profile. Your doctor is your best source of information about all aspects of your health.

ABOUT BILLING

Your doctor may have PeaceHealth Laboratories bill you or your insurance carrier directly. We bill most insurance carriers; however, some insurances do not cover this type of testing. You will be responsible for payment if it is not covered by insurance. If you have questions about your bill, please call us at 541-341-8021 or 800-826-3616.

How to Collect a Semen Specimen (continued)

PLEASE PROVIDE THE FOLLOWING INFORMATION

Male Partner Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Date of Birth: _____ Phone: _____

Female Partner Name: _____

Fertility Screen? Yes/No Post Vasectomy? Yes/No

Method of Collection:

Masturbation Other _____

Days of Abstinence (3-7 Required): _____

Date/Time of Collection: _____

Insurance Name: _____

Insurance ID#: _____

Group#: _____

Insurance

Street Address: _____

City: _____ State: _____ Zip: _____

Diagnosis Code: _____



PEACEHEALTH LABORATORIES

RiverBend Annex

123 International Way

Springfield, OR 97477

8 a.m.–5 p.m., Monday–Friday

Use counter phone, ext. 8240 (Specimen Management)

DELIVERY INFORMATION

Deliver the specimen, the laboratory requisition and this form to the laboratory at the address provided above during normal hours of operation.

OPTIONAL LOCATION TO COLLECT SPECIMEN

Available if you live more than 30 minutes from the laboratory.

Near Sacred Heart Medical Center at RiverBend

PeaceHealth Laboratories, Patient Service Center

Northwest Specialty Clinics (blue awnings)

3355 RiverBend Drive, Suite 450 (4th Floor)

Springfield, OR 97477

7:30 a.m.–5 p.m., Monday–Friday

☎ 541-222-1810