

# Pinworm Examinations

You have been provided with a kit that enables you to collect a suitable sample to determine the presence of pinworms, *Enterobius vermicularis*. The kit contains a tube and a clear polystyrene paddle, one side of which is coated with a mildly adhesive material. Because pinworm ova are usually deposited on the skin near the anus while a person is sleeping, specimens are best obtained a few hours after the person has retired, between the hours of 9 p.m. and midnight, or immediately after awakening, before bathing or bowel movement. Your physician may request the test to be performed multiple times to rule out infection.

## PROCEDURE FOR COLLECTION OF SAMPLE

Follow these directions carefully to provide a suitable sample.

*Note: Do not use if paddle packaging is not intact.*

1. Collect the specimen upon waking, before using the toilet or bathing. Do not wipe or wash the area before sampling.
2. Hold the paddle by the cap and remove it from the tube.  
**Do not touch the sticky side of the paddle with your fingers.**
3. Hold the paddle by the rounded end and press the sticky surface of the square end firmly against the skin around and across the anus.
4. Replace the paddle securely in the tube for transport. Do not refrigerate or freeze the specimen.

Wash your hands thoroughly immediately after collection.

## DELIVER SPECIMEN TO ANY PATIENT SERVICE CENTER

Deliver the specimen, the same day it was collected, to one of our Patient Service Centers. For a list of Patient Service Centers locations, go to [www.peacehealthlabs.org/locations](http://www.peacehealthlabs.org/locations)

