

Sperm Washing for Intrauterine Insemination

COLLECTION INSTRUCTIONS

1. Sperm washing is done by appointment only, daily, from 8 a.m.–2 p.m. To schedule, please call the Hematology department at 541-743-4615.

Your laboratory appointment is:

Date: _____

Time: _____

Your doctor's appointment is:

Date: _____

Time: _____

2. Abstain from ejaculation for 3 days before collecting specimen (or as recommended by your physician).
3. Collect semen specimen by masturbation into a sterile container. If you live more than 30 minutes from the laboratory, you may choose to collect the specimen in a private restroom within the Patient Service Center at the Northwest Specialty Clinic building (see map and directions on back). You may then promptly deliver the specimen to the Central Laboratory which is less than a two-minute drive north.

4. Write "sperm washing for _____ and _____" (both the female and male partner's names) and time collected on the specimen cup. Seal the container and place in a brown paper bag.
5. Keep the sample warm by keeping it close to your body during transport.
6. Collect specimen immediately prior to delivery to our Central Laboratory (it must arrive within 2 hours of collection). See map and address on back. **Use the phone on the receptionist counter to call Hematology at ext. 4615.** A hematologist will take the sample from you, prepare it for insemination and return it to you in approximately 45-60 minutes.
7. You will then deliver the specimen to your physician's office for intrauterine insemination where your partner is waiting. Again, keep the sample warm by keeping it close to your body.

QUICK TIP

On the requisition, for billing purposes, the patient information must be that of the woman or the recipient.

continued on back

Sperm Washing (continued)

CENTRAL LABORATORY



Deliver Specimen to this Location

RiverBend Annex
123 International Way
Springfield, OR 97477
8 a.m.–2 p.m., Daily
Use counter phone, ext. 4615 (Hematology)

Optional Location to Collect Specimen

Available if you live more than 30 minutes from the laboratory.
Near Sacred Heart Medical Center at RiverBend.
PeaceHealth Laboratories Patient Service Center
Northwest Specialty Clinics (blue awnings)
3355 RiverBend Drive, Suite 450 (4th Floor)
Springfield, OR 97477
7:30 a.m.–5 p.m., Monday–Friday
☎ 541-222-1810